

**All Meals include a choice of
1% milk or fat free chocolate
milk**

MAY 2023

Vale Elementary

**Daily choices of fruits and
Vegetables**
**All grains are at least 51%
whole grain**

Monday

Choice of Cereal & Muffin **1**

Corn Dog
Baked Beans

Choice of Cereal & Muffin **8**

Chicken Nuggets
WG Roll

Choice of Cereal & Muffin **15**

Chicken Burger
Green Beans

Choice of Cereal & Muffin **22**

Chicken Nuggets
WG Roll



Tuesday

Pancake Wrap **2**

Ravioli
Cheesy Garlic Bread

WG Bagel & Yogurt **9**

Brunch For Lunch
(Pancakes & Sausages)

WG Bagel & Yogurt **16**

Brunch for Lunch
(Pancakes & Sausages)
Strawberry Cups

Egg & Sausage Muffin **23**

Penne Pasta Spaghetti
WG Roll

Choice of Cereal & Muffin **30**

Cheesy Hot Pocket
Marinara Sauce

Wednesday

Choice of Cereal & Muffin **3**

Brunch for Lunch
(Pancakes & Sausages)

Choice of Cereal & Muffin **10**

Hamburger
French Fries

Late Start **17**
Choice of Cereal & Muffin

Corn Dog
Baked Beans

French Toast & Sausage **24**

Chicken Burger
Green Beans

Egg & Sausage Muffin **31**

Hamburger
French Fries

Thursday

WG Bagel & Yogurt **4**

Chicken Drumstick
WG Biscuit

Pancake Wrap **11**

Breaded Pizza Sticks
Marinara Sauce

Pancake Wrap **18**

Homemade Pepperoni Pizza
Corn

WG Bagel & Yogurt **25**

Homemade Chicken Teriyaki
with Rice
Fortune Cookie

Friday

Breakfast Pizza **5**

Bean & Cheese Burrito
Chips & Cheese

Breakfast Pizza **12**

Turkey & Cheese Sub
WG Chips
Ice Cream

Breakfast Pizza **19**

Hot Dog
WG Chips

Breakfast Pizza **26**

Ham & Cheese Melt
WG Chips
Side Kick Fruit Cups

Important Notice: Cashmere School District is **NOT** peanut or tree nut free. Your child may be exposed to peanut or tree nuts in the course of their day while in any Cashmere School District property.

This institution is an equal opportunity employer.

Menu subject to change